

# 2021 EMH Pediatric Grand Rounds Tongue and Lip Ties: To Treat or Not Treat?

## Tuesday, May 13, 2021 8:30 to 9:15 AM EMH Birch Conference Room

### Speaker: Manali Amin, MD

Tongue and lip ties are a common condition that restricts tongue movement in children and newborns. Approximately 5% of babies are born with a tongue or lip tie. This condition may cause difficulty in breastfeeding and speech development issues. Problems caused by tongue and lips ties are often reversed with a frenotomy. This activity has been designed to assist Health Care Providers determine whether a pediatric patient would benefit from treatment and need to be referred. Additionally, the history of tongue tie releases, current trends, anticipated benefits and complications of tongue and lip ties will be reviewed. A discussion on the clinical consensus statements from the American Academy of Otolaryngology (AAO-HNS) will help guide clinicians in their approach to the management of tongue ties.

#### At the conclusion of this live activity, participants will be able to:

- Describe tongue ties as a condition that can potentially cause clinical dysfunction.
- Identify when to refer an infant for frenotomy.
- Summarize the 2020 American Academy of Otolaryngology's "Clinical Consensus Statement: Ankyloglossia in Children"

#### **Registration Required - Live or Video Conference Options**



Edward-Elmhurst Health designates this live activity for a maximum of 0.75 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Edward-Elmhurst Health is accredited by the Illinois State Medical Society to provide continuing medical education for physicians.